

**NATIONAL HOME MORTGAGE FINANCE CORPORATION  
LIST OF HEALTH AND WELLNESS PROGRAMS FOR CY 2019**

Pursuant to CSC Memorandum Circular No. 33, s. 1997 in recognizing the need to institutionalize viable programs to improve working conditions in the government, the NHMFC Wellness Program was created to provide employees certain programs and resources to improve their health, morale and productivity. It aims to comply with the CSC Resolution No. 974684 to ensure that employees are provided with a healthy work life balance and adequate programs for their health, safety and welfare needs.

The NHMFC, in compliance with the CSC Circular, adopts the following:

**1. Social**

**a. Team Building**

The Management creates a Team Building Committee among the employees to organize the event that would mainly build good relations within the corporation.

**b. Union Week**

Anniversary celebration of Home Mortgage Employees Association Inc. (HOMEAI)

**c. Anniversary Celebration**

This event allows the NHMFC employees to look back and reflect on all their hard work for the past year as they celebrate the corporation's anniversary every December of the year. A committee is also created to give the employees a chance to showcase their creativity in preparing for the program's theme and activities.

**d. Outreach Program**

The Corporation engages its employees to various outreach programs and relief operations in extending their effort to support the communities in which they operate.

**e. Sports fest with Key Shelter Agencies (KSA's) and participation on athletic tournaments with other government agencies**

The employees are given the opportunity to join into their chosen sports activity to not just enhance their skills but to also allow them to interact with other government personnel from KSA's or other government agencies and build harmonious relationships.

**2. Spiritual**

**a. Weekly Mass Services**

NHMFC organizes weekly mass services for the employees' spiritual development by assigning certain departments or divisions to sponsor the mass.

### **3. Facilities**

#### **a. Medical Clinic with competent staff**

The NHMFC ensures that a Medical Clinic is well established and competent staff are designated to ensure the health and safety of the employees. First Aid Kits are placed in every floor of the building and Emergency Bags are given to each employee for their use in times of need.

#### **b. Anti-Flu Vaccine for Employees**

The employees are given adequate health care as the Corporation aims to create a healthy workplace and prevent common health problems.

#### **c. Potable Water Supply**

PD 1096: Potable water used for human habitation shall be supplied. The quality for drinking water shall conform to the criteria set in the latest approved National Standards for Drinking Water.

#### **d. Fitness Center**

NHMFC provides an office gym with sufficient equipment and gears, which is open for all employees to enhance their health and well-being.

#### **e. Library**

A mini library, with enough resources, is available in the premises for the use of the employees.

#### **f. Clean Comfort Room Facilities**

Comfort Rooms in each floor are properly cleaned and maintained for the use of NHMFC employees and borrowers.

#### **g. Earthquake and FireDrill**

The NHMFC participates in the fire and earthquake drill of Filomena Building to prepare its employees ready in the event of a natural disaster/calamity.